



ONLINE COURSE

The Future of Leadership

Transformative learning for high-performing teams

Course start May 21, 2025



 **Purpose of the training**

High Psychological Safety →

Source: Leadership development & Psychological Safety:
<https://www.mckinsey.com/capabilities/people-and-organizational-performance/our-insights/psychological-safety-and-the-critical-role-of-leadership-development>
The Implications of Trust and Psychological Safety
<https://hbr.org/2017/01/the-neuroscience-of-trust>



**INCREASED
INNOVATION**



**HIGHER
QUALITY**




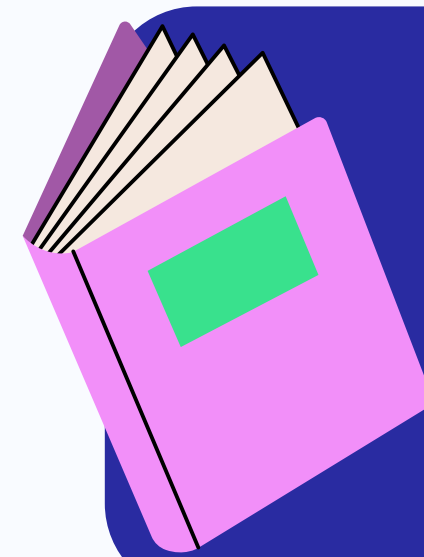
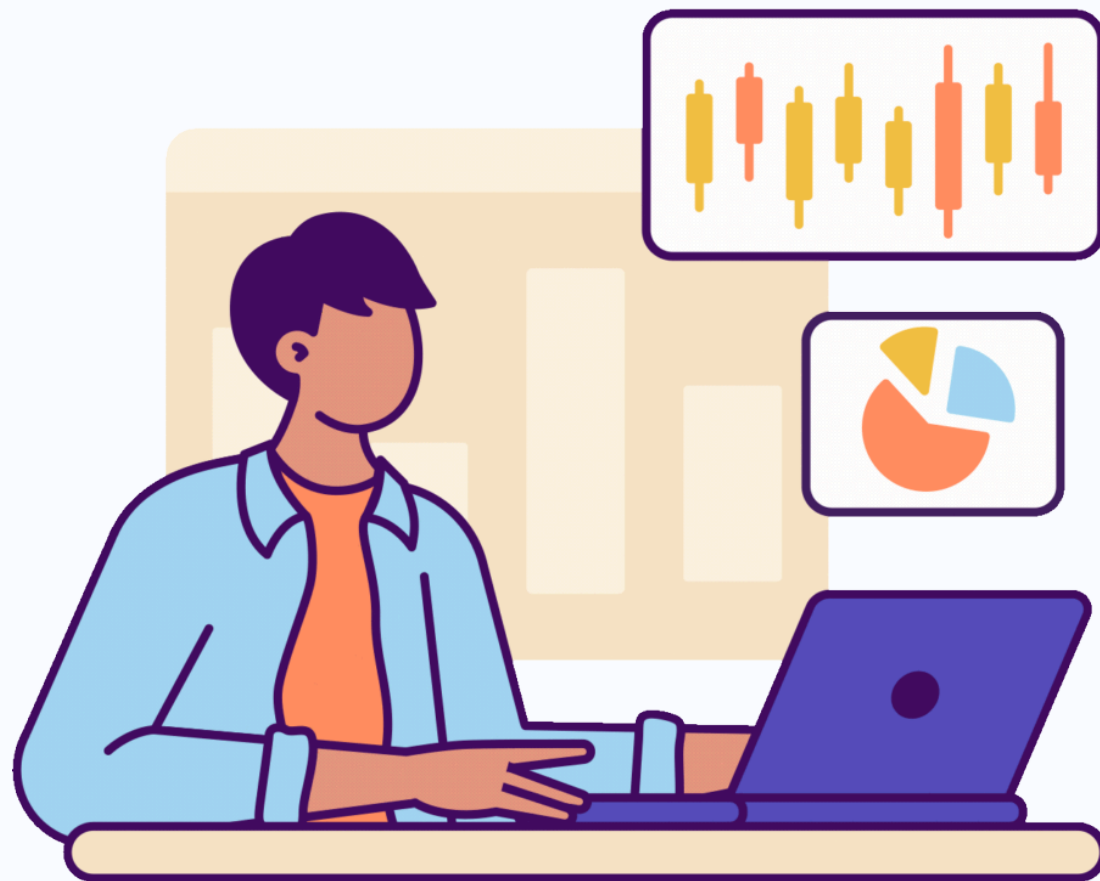
**IMPROVED
LEARNING**



**BETTER
HEALTH**

Our method

 **Thursdays 8:30-10:00**
24/4, 22/5, 19/6, 24/7 and 21/8



OWN WORK & REFLECTION

5 assignments to the modules



DIGITAL LECTURES

5 digital modules



INDIVIDUAL COACHING

5 coaching sessions

Structure & Content - 5 modules

- 1 Leadership Identity & Self-Leadership:**
Who am I as a leader and who do I want to be? Goal management - setting goals and leading the team to achieve them. Self-leadership - being your best self every day.
- 2 Sustainable Leadership & Destructive Leadership:**
How we are influenced by external factors and how negative behaviors affect the outcome. How and why destructive behaviors affect our performance and our brain.
- 3 Empathic Leadership & Self-Awareness:**
What does empathetic leadership mean and how does it affect outcomes? How can mindful listening and powerful questions help us make better decisions?
- 4 Dominance Technique, Limiting Beliefs & Coaching Leadership:**
What is Dominance Technique and how does it affect psychological safety in teams? How and why limiting beliefs affect our results.
- 5 Leadership Contract, Change Management & High-Performing Teams:**
What kind of impression do I want to leave on my team? How do I create psychological safety in the team and at the same time lead in change?

APRIL 24 - AUGUST 21

Time required

5 x 90 minutes

Digital live lectures according to a fixed schedule.

5 x 60 minutes

Individual coaching is booked and adapted individually.

Self-study of leadership literature.

Independent work between modules with development assignments.

Schedule spring 2025

Wednesday 23/4 08.30-10.00

Wednesday 28/5 08.30-10.00

Wednesday 18/6 08.30-10.00

Wednesday 20/8 08.30-10.00

Wednesday 24/9 08.30-10.00

Registration

info@kc-group.se

The Future Leaders

When Google studied how their teams performed, one thing became clear: The highest-performing teams were characterized by psychological safety. But what is psychological safety? How and why does it affect a company's performance? And how do you create psychological safety?

During the Future Leaders development program, you will learn what increases and decreases psychological safety in a group and how to create change. The training consists of five modules where you will gain knowledge about which behaviors you yourself have in your extreme situations linked to how it affects psychological safety, and how you handle the behaviors of others that affect psychological safety in the group.

Literate

Before starting the course you need to purchase the following books:

The fearless organization, Amy C. Edmondson

Destruktivt ledarskap, Maria Fors Brandebo

Mod att leda, Brené Brown

Härskarteknik, Elaine Eksvärd

The Leadership Contract, Vince Molinaro

(Optional: Hjärnstark, Anders Hansen)

Individual coaching

Coaching creates space for deeper reflection and makes the knowledge sink in. In parallel with the training, you have individual coaching where we deepen the reflection on the subject in the module we have just gone through. During each module, you will be given an assignment to work on, which we will look at together during the coaching.

Price: SEK 30,000 excluding VAT

Date: April 23 - September 24

Registration: info@kc-group.se



Katarina Zell

Course Leader & Executive Coach

Katarina Zell is an Executive coach, and has over 25 years of experience in leadership and personal development.

For the past five years, she has been working full-time to create high-performing teams through psychological safety. Katarina has a background as CEO of a European company with operations in 13 countries, as part of a global group with operations in 5 continents. She worked for more than 20 years in a growth industry and took the company together with her team from having operations in 1 country to having a large team in the four Nordic countries and 9 countries in Europe.

With her unique experience from running companies in change and her knowledge of groups and behavioral change, Katarina today works to create high-performing teams through psychological safety.

**We develop the
leaders, groups
and organizations
of tomorrow.**

